

Daily Learning Planner

*Ideas parents can use to help students
do well in school.*

North Tippah School District
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THE
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September • October • November 2014

September 2014

Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Look at ads with your teen. Which statements about the products are facts? Which are opinions?
- 2. Ask about each new class and new teacher. Set aside time every day to talk to your teen about school.
- 3. Talk with your teen about the things you did this summer. What are three things she'll always remember?
- 4. Help your teen choose an after-school activity or two. Students in activities get better grades.
- 5. Turn a mistake into a learning opportunity. Don't criticize. Ask, "What have you learned?"
- 6. Discuss the importance of school attendance.
- 7. Pack a blanket, a book and a lunch. Lie outside and look at the clouds with your teen.
- 8. Put Back to School Night on your calendar and plan to attend.
- 9. Help your teen find the best time to study. Perhaps even before school?
- 10. Give your teen a notebook and make sure he writes down assignments.
- 11. Work on a puzzle with your teen. Find a place in your home where you can work on it over time without having to move it.
- 12. At the start of each study session, have your teen write study goals. Check them off when achieved.
- 13. Encourage your teen to start a collection. Collecting can boost research and budgeting skills.
- 14. Teens often have trouble saving money. Help your teen set up a regular savings plan.
- 15. Review your teen's schedule with her. Does she have enough free time for schoolwork, exercise and daydreaming?



- 16. Make your teen a special snack. Tell him you love him.
- 17. On a night when your teen doesn't have homework, suggest that she read the newspaper for 30 minutes.
- 18. Join the school's parent organization. These groups help in many ways.
- 19. Ask your teen to show you how to do something on the computer.
- 20. Do an allowance review. If you give more, expect more responsibility.
- 21. Some teachers post homework on a website. If your teen's teacher does this, encourage your teen to use it.
- 22. Volunteer for an organization that supports a club or class that interests your child.
- 23. Does your teen have a long-range project to do? Have her make a schedule for completing it.
- 24. Talk with your teen about a mistake you made and what you learned.
- 25. Put on some music and sing with your teen.
- 26. Hear a compliment about your teen? Pass it on to him.
- 27. Hold a Q and A with your teen to learn more about each other. Topics could include: friends, school subjects, work projects, movies.
- 28. This weekend, set aside time for your teen to teach you something.
- 29. Ask your teen what she most enjoys doing with the family.
- 30. At your teen's next checkup, let him spend some time alone with the doctor.

Helping Students Learn
TIPS Families Can Use to Help Students Do Better in School

October 2014

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- 1. Ask your teen why he thinks terrorists take part in violent acts against people. Listen, then share your thoughts.
- 2. It's a fact: Three out of four teens would like parents to spend more time talking about schoolwork.
- 3. Help your teen find books on her special interests.
- 4. Go for a bike ride or do some other physical activity with your teen.
- 5. If your teen is saving for a special purchase, suggest he keep a picture of it in his wallet to prevent impulse spending.
- 6. If your athlete is sick, keep her home from practice. Chance of injury is greater when she's ill.
- 7. Suggest your child read a biography of a person he admires.
- 8. If your teen challenges you, try not to lose your cool. Take a break. Talk when you're in control.
- 9. Make a to-do list with your teen.
- 10. The American Lung Association says 90% of smokers start before age 21. Talk to your teen about the dangers of smoking.
- 11. Talk about world events at dinner.
- 12. To encourage reading, don't let your teen have a TV in her room.
- 13. Does your teen object to a rule? Give her three minutes to state her case.
- 14. Read an advice column with your teen. Try writing down your own answers to the questions.
- 15. Help your teen make a budget.
- 16. Avoid compliments that really aren't: "You'd be great if only ..."
- 17. What would your teen change if he had a magic wand?
- 18. Keep books and magazines by the microwave to encourage reading.

- 19. Play a board game with your teen.
- 20. If you are open to it, have your teen research which pets are most suitable for your family's lifestyle. Consider allergies, the pet's activity needs and the pet's ability to be trained. Pet care teaches responsibility.
- 21. Let your teen subscribe to an age-appropriate magazine.
- 22. Teens often don't know much about nutrition. Show your teen how to read nutrition labels.
- 23. Write your teen a thank-you note for something helpful she's done.
- 24. Worried your teen may be on drugs or in a gang? Trust your instincts. Don't wait to take action.
- 25. Your teen may want to play sports in college. Find out what grades and courses he will need.
- 26. Tonight, serve your teen's favorite dessert for dinner, just because you love her.
- 27. Teach your child positive self-talk: "I've practiced this hundreds of times. I know how to do it."
- 28. Limit TV. Too much TV can lower creativity and test scores.
- 29. Urge your teen to make his homework legible.
- 30. When your teen is memorizing, remind her that it's easier to learn several short lists than one long list.
- 31. Encourage your teen to take pictures at a family outing.



Helping Students Learn
TIPS FAMILIES CAN USE TO HELP STUDENTS DO BETTER IN SCHOOL

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November 2014

Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Encourage your teen to form a study group.
- 2. Most states set the clock back an hour. Can your teen find out why?
- 3. Work on a word puzzle with your teen.
- 4. Have your teen dictate the first draft of a writing assignment into a recorder. Next she can type it, then edit.
- 5. Teach your teen how to make his favorite food.
- 6. If your teen studies before dinner, keep healthy snacks handy. A hungry teen can't concentrate.
- 7. Offer to help your teen make a study schedule for tests.
- 8. Visit the library with your teen. Check out a book about a location your teen would like to see.
- 9. Have breakfast with your teen. Don't have an agenda. Just enjoy the time together.
- 10. Ask your teen what she is most excited about when she considers her future.
- 11. Plan a reading dinner. Let each family member bring a book to the table.
- 12. Stop by your teen's room at bedtime. It's often a good time for conversation.
- 13. Sign up for a course with your teen, such as painting or yoga.
- 14. Suggest that your teen study different subjects in different places—English in the kitchen, math in the bedroom.
- 15. Have your teen spend 10 minutes at night preparing for the next day. It will make mornings smoother.
- 16. See if you and your teen can volunteer at a soup kitchen or other charity together.



- 17. Memorizing can be easier if your teen closes his eyes and pictures the word or material.
- 18. Your teen may say, "Everyone else is doing it." Don't cave in—say "Well, *we* aren't."
- 19. Give your teen a say in when and where she studies.
- 20. Success leads to success. Find things your teen can succeed in—sports, computers, a job.
- 21. Help your teen fix up his room.
- 22. With your teen, rake or pick up trash around your neighborhood to make it look nice.
- 23. Ask your teen to tell you what it means to be a leader.
- 24. When your teen is upset and you aren't connecting, say, "Help me understand."
- 25. Let your teen take over the grocery shopping for the week.
- 26. Suggest that your teen ask herself near the end of a study session, "Can I do one more thing?" Small things add up.
- 27. Get a book of paintings from the library. Can your teen identify painters by their works?
- 28. Tell your teen you hope he'll keep his grades up, so he can enjoy his privileges.
- 29. Remember, never make fun of your teen.
- 30. Spend time with your teen today.

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